



The Essentials List: Everything Your Baby Needs the First Year

We've taken the guess-work out of deciding what to register for. This is a list of carefully selected items that The Right Start recommends for your baby's first year.

Nursery

Bedding and Linens

- Bedding(1)
- Blankets (4-6)
- Sleepsacks (2-4)
- Swaddle Sets (2-4)
- Changing Pad (1)
- Extra Changing Covers (2)
- Waterproof Mattress Cover/Pad (2)
- Extra Sheets for Travel Crib (2)

Furniture

- Bassinet or Cradle (1)
- Changing Table (1)
- Crib (1)
- Crib Mattress (1)
- Travel Crib/Playard (1)

Accessories

- Crib Mobile (1)
- Crib Toys (1-2)
- Monitor (1)
- Night Light (1)
- Sleep Positioner (1)

Nursery Favorites

- Bouncer Seat or Rocker (1)
- Swing (1)

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Developmental Toys

- Exersaucer (1)
- Jumper (1)
- Activity Playmat or Gym (1)
- Rattles and Take Along Toys (3)
- Board Books (5)
- Play Yard (1)

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Feeding

Breast-Feeding

- Breast Pump (1)
- Breast Pads (3)
- Breast Milk Storage Bags (3)
- Medela Quick Clean Micro-Steam Bags (3)
- Extra Breast Bump Bottles (1)
- Lanolin Cream (2)
- Nursing Pillow (1)
- Nursing Shawl (1)

Bottle-Feeding

- Bottles (6)
- Bottle Brush (2-4)
- Medium-Flow Nipples (6)
- Fast-Flow Nipples (6)

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Solid-Feeding

- Infant Feeding Bowls (2)
- Infant Feeding Spoons (2)
- High Chair (1)
- Portable High Chair (1)
- Sippy Cups (3)
- Baby Food maker/Mill (1)
- Baby Food Freezer Trays (3)
- Cookbooks (1)

Accessories

- Cloth Bibs (6)
- Nylon/Plastic Bibs (2)
- Burp Cloths (4)
- Teether (2)
- Dishwasher Basket (1)
- Bottle Drying Rack (1)

Health

Bathtime and Skincare

- Infant Bath Tub (1)
- Toddler Bathtub/Seat (1)
- Faucet Cover (1)
- Bath Toys (2)
- Bath Toy Organizer (1)
- Lotion (2)
- Shampoo (2)
- Bubble Bath (1)
- Sunscreen (1)

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Diapering

- Cleansing Wipes (2)
- Diaper Pail (1)
- Diaper Pail Refills (3)
- Diaper Rash Cream (1)
- Wipe Warmer (1)

Grooming and Health

- Nursery Care Kit (1)
- Brush and Comb Set (1)
- Thermometer (1)

Travel

Strollers and Accessories

- Snap-in Stroller Frame (1)
- Umbrella Stroller (1)
- All-Terrain/Jogging Stroller (1)
- Stroller Cup Holder (2)
- Stroller Footmuff (1)
- Stroller Travel Bag (1)
- Attachable Toys (2)
- Shopping Hook (1)

Diaper Bags and Accessories

- Diaper Bag (1)
- Wallet Changing Pad (1)
- Diaper and Wipe Holder (1)
- Pacifier Keeper (1)
- Biodegradable Diaper Bags (2)

Car Seats

- Infant Car Seat (1)
- Convertible Car Seat (1)
- Additional Base for Infant Car Seat (1)

Car Seat Accessories*

- Car Seat Protector (1)
- Car Seat Head Support (1)
- Auto Mirror (1)
- Attachable Toys (2)
- Car Window Shade (1)
- Car Seat Travel Bag (1)

* Note: Please consult your car seat manual before installing these products.

Travel Favorites

- Baby Carrier/Sling (1)
- Shopping Cart Cover (1)
- Waterproof Blanket (1)

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